I’m So Glad We Had This Time Together
by Michael Anthony Ingram, WACES President 2003-2004

Television, I must admit, played a significant role in my childhood upbringing. Most fondly, I remember nights at home with my family watching TV. Specifically, we watched classic television shows such as *All in the Family*, *The Mary Tyler Moore Show*, *The Jeffersons*, and the *Carol Burnett* variety show. If you remember, at the end of every *Carol Burnett* episode, the comedienne would sing:

“I’m so glad we had this time together, 
Just to have a laugh or sing a song, 
Seems we just get started and before we know it, 
comes the time we have to say, ‘so long’...”

Well, like *Carol Burnett*, it’s time for me to also say “so long” as President of WACES. This year has been an exhilarating experience. I gained both insight and wisdom during my tenure as your President. This past year was a great success!

We hosted a successful conference in Tucson and presented ourselves as a viable organization among the ACES regions. Although small, we showed fortitude in being a productive and cohesive team.

As President, I had the pleasure of dialoguing with many colleagues concerning issues that relate to the field of Counselor Education and Supervision. I also shared with you views that are of extreme importance to me, in particular “The Shelling Beans Philosophy” and “The Recruitment and Retention of Faculty Members of Color.”

As professionals, we are faced with many challenges but also many rewards. It is my hope that as an organization we will continue to strive toward reaching goals and objectives that will propel us to higher heights in the field of Counselor Education and Supervision.

As I end my tenure as your President, an area of great concern to me is the lack of proper funding that would allow graduate students the opportunity to attend the WACES Conference. These individuals are our future and would indeed gain valuable experience, knowledge, and mentoring through attendance.

(please see **PRESIDENT, page 2**)

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at future conferences. Therefore, I propose the establishment of a scholarship fund entitled “The Friends of WACES.” By providing financial support to our graduate students, we will assure the continuation of a strong and successful region.

In conclusion, I ask that the members of the WACES Executive Board (Patricia Kerstner, Louis Downs, Leah Brew, Sarah Leverett-Main, Sandy Zimmermann, Judy Ingram, Timmy Lee, and Gene James) accept my humble appreciation for their unwavering support of my efforts this past year. All of these individuals deserve kudos for their hard work, diligence, and commitment to WACES. A special note of thanks to my dear friend, Judy Ingram, who is editor of the WACES Wire. Judy has decided to retire from this position after many years of dedicated service. I speak for the entire body when I say that her talents will indeed be missed!

As we know, no organization is greater than its membership. I firmly believe that our members are the best in the field of Counselor Education and Supervision. I thank you for your dedication, camaraderie, and your collective spirit. You made this past year a rewarding experience for me.

As mentioned, Carol Burnett is perhaps best remembered for her closing tune, “I’m So Glad We Had This Time Together.” Unfortunately, that tune is copyrighted, and I can’t sing. I therefore end my tenure with the challenge to you to “Keep On Shelling Beans!”

Call for Nominations for WACES Awards
by Michael Anthony Ingram, WACES President and Awards Chair

Each year we have the opportunity to recognize our colleagues who have contributed significantly to WACES, the counseling field, or counselor education and supervision. This year’s awards will be presented at the WACES 2004 Conference in Sacramento, California. Please consider whom you would like to see honored in one or more of the following award categories.

Professional Service: Has your colleague served WACES or the cause of counselor education and supervision in an exceptional way?

Professional Leadership: Do you know a WACES officer, committee member, or other leader who has helped the association toward its goal of fostering excellence in counselor education and supervision?

Research: Can you think of a research project that contributes significantly to counseling, counselor education, or counselor supervision?

Publication: Has a recent publishing effort added significantly to the literature in counseling, counselor education, or counselor supervision?

Outstanding Mentor: Has your colleague gone the extra mile in mentoring graduate students, emerging professionals, educators, and/or supervisors?

Innovative Counselor Education Program: Does a program in counselor education stand out as unique and innovative in its contribution to the western region?

Outstanding Graduate Student: Which of your students has shown outstanding leadership and/or service in the field of counseling or in WACES, whether at a state, regional, or national level?

Special Recognition: How has someone you know, whether a member or nonmember, promoted and supported the counseling profession in a significant way?

Now that you have someone in mind, here’s what you do: Send a letter or e-mail to WACES Awards Chair Michael Ingram (address below), specifying the award category and reasons why you believe this person or program deserves to be honored. Ask at least two other people to send letters or e-mails in support of your nomination. All nominations must be received no later than September 7, 2004!

Dr. Michael Anthony Ingram, WACES Awards Chair
Counselor Education and Supervision
318-B Education Hall
The New School of Education
Oregon State University, Corvallis, OR 97331
ingramm@orst.edu

“Speech is conveniently located midway between thought and action, where it often substitutes for both.” —John Andrew Holmes
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WACES Leadership 2004-2005

by Sandy Zimmermann, WACES Past-President and Elections Chair

Dr. Dale Pehrsson was unanimously elected to the office of WACES President-Elect-Elect during recent March 2004 elections. She will serve as President during the 2006-2007 academic year, and her goals for WACES include increasing professional mentorship, membership expansion, and continued focus on diversity awareness. We welcome Dale to the WACES leadership team and thank her for the willingness to serve her professional colleagues in this capacity.

Dale is an integral part of the Counselor Educator Team at Oregon State University, along with our current President, Dr. Michael Anthony Ingram. Having two officers in the same locale will be a definite bonus for WACES. Michael himself moves into the Past-President position July 1, as Patricia Kerstner of the University of Phoenix takes the reins as WACES President for the 2004-2005 term. Supporting Patricia is a stellar cast of WACES officers: Louis Downs, President-Elect; Sarah Leverett-Main, Treasurer; and Leah Brew, Secretary. Timmy Lee continues as our Web master, and Karen Eriksen will take our newsletter exclusively online as our new Wire editor.

Call for Programs: WACES 2004

It’s not too late to submit your proposal for the October 2004 WACES conference! We have extended the deadline to July 15, 2004, so you still have time to pull your ideas together and apply for a space in our schedule of presentations. Be sure your program supports the conference theme, “Weaving a Tapestry of Talent: Students, Faculty, and Supervisors,” and focuses on one or more of the following areas:

- Relationships, Collaboration, and Mentoring
- Teaching and Supervision
- Research and/or Innovation
- Application of Technology
- Experiential Learning Applications

For more information and to download a proposal submission form, visit our WACES Web site at www.acesonline.net/waces.

Thanks for the Memories!

by Judith Ingram, WACES Newsletter Editor

As my nine years of editing the WACES Wire draw to a close, I thank you all—officers, readers, and contributors—for the pleasure and privilege of serving you as your editor. I owe many people for their support, but space allows the mention of only a few names here: Mary Parish, who introduced me to WACES; Laura Heid, who mentored my first editing efforts; Andrés Consoli, for unfailing practical assistance; Michael Ingram, F.A.C.; and every WACES President I have served with, who without exception modeled the leadership and collaborative spirit that keep WACES vital. I offer congratulations and best wishes to our new editor, Karen Eriksen. She takes the Wire online this Fall, and I am confident that she can rely, as I always have, on the generous support and encouragement of our WACES membership.

Deadline Extended!
Enclosed in this issue is the registration form for the WACES 2004 Conference, “Weaving a Tapestry of Talent: Students, Faculty, and Supervisors,” to be held October 7–October 10, in Sacramento, California. The following sections are designed to assist you in the registration process and to update you on conference information. Additional questions may be directed to Dr. Louis Downs, Chair of the program, selection committee, and Conference, at 916-688-3772 or via e-mail at ldowns@csus.edu.

This year’s conference will focus on bolstering the supervision within our own counseling community through best practices of mentorship as well as through strengthening mentorship networks between seasoned counselor educators/supervisors and students, counselors, and neophyte counselor educators. This theme significantly opens the invitation to present to include student/faculty teams as well as supervision sessions for members.

The conference will open on Thursday, October 7, with a pre-conference training featuring the eminent Gestalt therapist, Dr. Erving Polster. Special conference events will include a Thursday evening “reception” in one of the local jazz restaurant bars in Old Town Sacramento and an evening of dining together at the hotel. The regular sessions, business meeting, and awards luncheon will take place Friday through Sunday, and the conference will end on Sunday at noon.

**PRE-CONFERENCE WORKSHOP**

Our guest this year comes from ranks outside of ACES/WACES and was chosen because of both his level of expertise and his therapeutic theme: connectedness and community. Erving Polster is the last contemporary of Fritz Perls, and the leading theorist/practitioner of Gestalt Therapy. Dr. Polster has recently come out of retirement following the deaths of his wife, Miriam, and his daughter. The day will be spent mentoring the audience in Gestalt principles and techniques through discussion and modeling (6 contact hours).
FEES

Please note that there are several different fee scales based on WACES membership status (member, student, or retired). If you are not currently a member, you may send your dues with your registration and receive the discounted rate. Current members should renew at this time to continue to receive member benefits. Also, this year we are returning to the membership-approved formula of renewing membership for two years at a time. The two-year membership for 2004-2006 is $60 for regular members ($30 per annum) and $20 for student and retired members ($10 per annum).

We would like to highlight the fact that graduate students and retired members are eligible for a substantial conference discount in registration fees. Early registration fees for the conference are $125 for students and retired members. Because of the cost of the pre-conference presenter, no discount can be offered for this event. Early registrants receive a significant discount, so please note the various postmark deadlines.

HOTEL

This year’s conference will be held at the Holiday Inn Capitol Plaza in downtown Sacramento, 300 J Street. The Holiday Inn Capitol Plaza is conveniently located adjacent to the Downtown Plaza Shopping Center. More than 100 shops and restaurants, including Macy’s, The Hard Rock Café, and a United Artists movie theatre, adjoin the hotel. The State Capitol is close by, and Historic Old Sacramento is a two-block stroll away with unique boutiques, museums, and world-class restaurants in a beautifully restored historic atmosphere. The hotel is only a 10–15 minute drive from the Sacramento International Airport. Sacramento is known as one of the premier jazz cities of the West Coast, so several jazz clubs are located within easy reach of the hotel.

Room rates are $100 per night whether you choose a single or double room or a suite (limited availability). On-site hotel amenities include irons, premium movie channels, work stations and telephone modem ports, coffee makers and hair dryers, high speed internet access, and Web TV. The Greenery Café offers full-service dining and serves breakfast, lunch, and dinner, as well as room service. Guests have the option of working out in the executive gym or relaxing poolside. Reserve your room by calling the hotel at 916-446-0100. The hotel fax number is 916-446-0117.

GETTING THERE

Air

If you fly to Sacramento, you will find the airport located ten miles north of the hotel along Interstate 5. The airlines offering flights to Sacramento are listed below. Discounted airfare to Sacramento is available through America West Airlines, Southwest Airlines, and Jet Blue, the latter two offering special rates for those who buy early. The America West CAMS Code is AP9613; call 1-800-548-7575 for your reservation, or use your codes as an e-Certificate on the Air Reservation page of www.americawest.com. Discounted rates are available for October 1–15, 2004.

Alaska Airlines .......... 800-426-0333  America West .......... 800-548-7575
Aloha Airlines .......... 800-367-5250  Continental .......... 800-523-3273
Ground

Shuttle Service From Sacramento International Airport: Supershuttle provides service from the airport to the hotel for $22.00 round-trip. You may reserve space up to 24 hours before your arrival at www.supershuttle.com or by calling 1-800-258-3826.

Taxi Service: Taxi service is provided from the airport at the following rate: $2.80 for the 1st mile, $2.20 for each additional mile. Fare is $45.00 round-trip to and from the hotel, or $27.00 one-way.

Rent-A-Car: If you wish to rent an automobile, our AVIS Worldwide discount number (AWD) is J998560. Discounted rates are available for October 1–15, 2004. Call Avis reservations at 1-800-331-1600.

Driving Directions: From either north or south, take Interstate 5 into Sacramento to the J Street exit. This exit takes you directly onto J Street headed east. At the stoplight you will be at the corner of J and 3rd Streets. Directly across the street on the right side of the road is the Holiday Inn Capitol Plaza.

ENTERTAINMENT

Friday night, WACES Conference attendees will dine in the hotel’s 16th floor banquet facility overlooking the City of Trees. Saturday, of course, the awards luncheon will occur in the hotel banquet room, as well.

On Saturday evening, WACES Conference 2004 attendees will be entertained at the Jazzman’s Art Of Pasta Restaurant and Lounge, 1107 Firehouse Alley, Old Sacramento (3 blocks from the hotel, an easy stroll through Old Town). Sacramento is known for its Jazz, and Jazzman’s serves it up all evening. Live music, a full bar, and reasonably priced meals are the restaurant/bar’s fare. If the weather is good, as it usually is during October, the restaurant locates the live music outside in the underground garden.

_______________________________________________________________________________________

SACRAMENTO AREA ACTIVITIES

Sutter’s Fort

Sutter’s Fort was Sacramento’s earliest settlement. Established in 1839 when John Sutter received a 48,000-acre land grant from the Mexican government, Sutter’s Fort soon became a popular stopping point for weary travelers. In the winter of 1847, Sutter dispatched a rescue group to aid the Donner Party snowbound in the Sierra Nevada near present-day Truckee. Located in midtown Sacramento between K and L Streets and 26th and 28th Streets, the fort has been restored for the public to tour. Sutter’s Fort is open daily 10 a.m.–5 p.m. Call 916-445-4422 for information, or visit http://www.parks.ca.gov/default.asp?page_id=485.
Old Sacramento

When gold was discovered in 1849 in California, thousands flocked to the nearby settlement called Sacramento. As the population increased, the settlement flourished and soon became a bustling city. However, repeated flooding during the mid-1800s devastated the town. To avoid further disasters caused by rising waters, thousands of cubic yards of dirt were shipped into the city in order to raise the elevation. With the new added height, Sacramento again became a booming commercial district. Due to the city’s increasing importance, it was included as a stop on the soon-to-be-built Transcontinental Railroad.

The Sacramento Kings Basketball Team

Having posted the best season record in 2002-3 and the second best in 2003-4, the Kings provide an exciting evening of world-class basketball at some of the best prices of any professional team. You may purchase tickets at Maloof Sports & Entertainment, One Sports Pkwy., Sacramento, CA 95834, or call 916-928-0000.

Sutter’s Mill

Sutter’s Mill is located in El Dorado County within the Marshall Gold Discovery State Historic Park about an hour east of Sacramento. The mill is a working replica of the original mill built in 1848. Constructed using materials and tools that would have been used to build the mill in the 1840s, the replica looks much like the original did. A video presentation along with authentic pieces of old timbers, axes, tools, and other items from the 1800s are on display in the park museum and nearby Visitor Center. Sutter’s Mill is open daily 10 a.m.–5 p.m. For information, call 530-622-3470, or visit the Web site at http://www.parks.ca.gov/default.asp?page_id=484.

North Lake Tahoe

One of the clearest lakes in the U.S. is located 90 miles east of Sacramento. The west side of the lake is located in California, while the east side is located in Nevada and provides those with the urge to gamble with some of the best casinos in northern Nevada. Fishing, boating, and hiking in the adjoining wilderness areas are all within easy reach. You can expect warm daytime weather and early signs of fall rather than snow and skiing this early in October.

The Bay Area

An easy drive west on Interstate 80 will bring you to Berkeley, Oakland, and San Francisco. The East Bay is only a 60-mile drive, and San Francisco is 80 miles. Known for great restaurants, entertainment of any sort, tourist-oriented business neighborhoods, and good Northern California beaches, Berkeley and Oakland tend to be warm in October, while San Francisco weather can vary dramatically; you would be wise to bring layers if you choose to visit The City.

Napa Valley

Although there are many Northern California wine countries, the most famous is the Napa Valley, located only 52 miles from Sacramento. The easiest route to Napa is to take Interstate 80 west to Fairfield, exit onto Route 12 west, and then turn north onto Route 29. Routes 12 and 29 are literally lined with wineries and tasting rooms for miles. Happy tasting!
So Long, Farewell, Hasta Pronto!
by Sandy Zimmermann, WACES Past-President

Time does flies when you are having fun, and time has certainly flown for me. As of July 1, 2004, I will be a footloose and fancy-free WACES member, having completed my four-year tour of duty. Truly, it was a pleasure, and I do thank you all for the opportunity to serve. I especially thank Elaina Rose Lovejoy, Iris St. John, Maureen Buckley, Jack Casey, Judy Ingram, Patricia Kerstner, Laura Heid, Michael Ingram, Andrés Consoli, and all of you other fantastic WACES members who bestowed upon me much-appreciated advice and assistance.

I’m retiring from WACES leadership, and as most of you know, I retired from Sonoma State University in December of 2002. Since that date, I really haven’t allowed myself time to reflect on the so-called state of retirement, having immediately begun online teaching full-time, plus returning to teach at SSU Winter Semester 2004. Therefore, this coming year, I eagerly anticipate a truly conscious state of suspended activity with nothing on my mind except travel, novels, kayaking, and (probably) the contemplation of my next career move!

I do look forward to a continued involvement with you, my WACES colleagues, at our annual conferences and more informal gatherings. So, it’s really not Adios, more like Hasta Pronto! 𓆩

Please Note…

• If you are NOT attending the Fall WACES conference, be sure to renew your membership! Fill out the Membership Registration form enclosed in this issue (or downloadable from our Web site) and return it with your dues to WACES Secretary Leah Brew. Your dues will extend your membership through June 2006.

• Wire Deadline for the Fall issue is August 1, 2004. Please submit your article electronically to WACES Newsletter Editor Karen Eriksen at keriksen@argosyu.edu. All future issues of the Wire will be available only from our Web site.

• Be sure to check our Web site for WACES 2004 Conference changes and updates.